Rally is actively following guidance from UnitedHealthcare, Optum, the Centers for Disease Control, and other expert resources to highlight in-product features and provide content related to COVID-19 and how to stay healthy and well.

There are a number of Rally resources available today and being developed soon to provide prevention education, self-triage, management of symptoms and support to cope with stress, anxiety, and social isolation.

What’s Accessible Today

**Member Dashboard** has been updated to highlight tools and resources to help members that include:

- Educational articles related to the virus in the Top Picks for You section
- An Urgent Care icon which directs users to the urgent care page which features virtual visits and other urgent care options
- A link to our FAQ page that deep links to the CDC for more information

**Health & Wellness Section** is refined to promote missions, activities, educational articles, and communities to help people stay healthy and active during periods of self-quarantine. We recommend that members follow CDC and state guidelines before participating in any healthy activities such as Challenges and Missions.
Helpful Resources including articles to support healthy behaviors as featured in the Latest/Most Popular articles module. Rally continually provides new and updated information and articles to help members stay well. Recent and relevant content includes:

- COVID-19 Articles Roundup
- Stocking Your Pantry, the Smart Way
- Five Natural Remedies for Anxiety
- Six Moves to Add to Your Home Workout

Rally Marketplace gives members access to new offers for meal delivery, at-home workouts, and mental health programs.

In addition to information and guidance provided for Rally members through our products, Rally Health is also providing information in public channels. RallyHealth.com contains relevant articles and information on the Staying Well Together page.

Social Media Channels such as Instagram, Facebook, and Twitter will be utilized to feature information and tips to stay healthy during the evolving COVID-19 situation.

If you have questions about Rally products and communications, please contact your account manager.